

River Tees Hospital School Outreach Support Packages

River Tees Hospital School offers tailored outreach support packages designed to enhance mainstream and special schools' capacity to meet the needs of vulnerable pupils with complex physical, mental health, and SEND needs. Our specialists provide evidence-based, trauma-informed and attachment-aware approaches that align with best practice and the OFSTED inspection framework.

Support Packages and Costings

Package	Description	Specialist Area Covered	Duration	Cost
Staff Development	Training sessions for school staff on key specialist areas	Relational behaviour approach, attachment-aware, trauma-informed, SEND	1 hour	£200
			Half-day (3 hours)	£450
			Full-day (6 hours)	£850
Thrive assessment & report	Comprehensive Thrive assessment with detailed report and recommendations	Thrive Approach, Emotional Literacy	Assessment + 1-hour feedback session	£350 per pupil
Specialist assessment & feedback	Aim to understand the child's need and provide initial guidance. Includes: <ul style="list-style-type: none"> - Meeting with child - Outcomes Star (wellbeing assessment tool) - Information gathering from parents/carers, staff and professionals 	Child-centred assessment, therapeutic approaches, attachment-aware & trauma-informed, Positive Behaviour Support, SEND	Dependent on need	£350 per pupil
Supported Engagement	Specialist-led support for pupils during lessons or activities to promote	Emotional literacy, Positive Behaviour Support, SEND,	1-hour sessions (maximum 10 sessions)	£100 per session

	engagement and inclusion	Emotionally based school avoidance		
Coaching & Mentoring Support	One-to-one or group coaching for staff to develop skills in managing complex needs and behaviours.	Relational behaviour approach, attachment-aware, trauma-informed, Thrive approach, Positive Behaviour Support	1-hour sessions	£100 per session
Bespoke Transition Support	Tailored transition planning and support for pupils moving between settings	SEND, Emotionally Based School Avoidance, Thrive Approach	Package tailored to need	From £500 per transition plan

Alignment with Evidence-Based Recommendations

Holistic Understanding & Graduated Approach

Each support package incorporates the EEF's graduated approach of *assess, plan, do, review* to build a holistic understanding of pupils' needs. For example, the Thrive Assessment & Report and Specialist assessment include purposeful assessments with input from parents, carers, pupils, and specialists to inform tailored next steps. This ensures pupils receive personalised, evidence-based support that evolves with their progress.

(EEF - Special Educational Needs in Mainstream Schools, Recommendation 2)

Positive and Supportive Environment

Our outreach packages promote inclusive school cultures that remove barriers to learning and participation, foster positive relationships, and proactively support prosocial behaviour. Staff Development and Coaching & Mentoring sessions focus on embedding trauma-informed, attachment-aware and positive behaviour support strategies to create supportive environments for all pupils.

(EEF - Recommendation 1; DfE Annexe A - Trust Quality Descriptions)

High-Quality Teaching and Flexible Strategies

We support schools to ensure all pupils access high-quality teaching by training staff in flexible grouping, scaffolding, explicit instruction, and the use of technology to support SEND pupils. This is reflected in our Staff Development and Coaching packages, helping teachers develop a flexible repertoire of strategies tailored to pupils' needs.

(EEF - Recommendation 3)

Targeted Small-Group and One-to-One Interventions

Our Specialist Assessments and Interventions package and Supported Engagement offer structured, targeted interventions aligned with assessed needs. The intensity of interventions increases with pupil need, ensuring careful targeting and avoiding barriers to inclusion. Our approach follows the principles of effective implementation as outlined by the EEF.

(EEF - Recommendation 4; EEF - Putting Evidence to Work: A School's Guide to Implementation)

Effective Deployment of Teaching Assistants

Coaching and mentoring packages include guidance on maximising the impact of teaching assistants, ensuring they supplement rather than replace teacher-led instruction, in line with EEF guidance.

(EEF - Recommendation 5)

Specialist Involvement and Transition Planning

We offer bespoke transition support aligned with the SEND Code of Practice's emphasis on planning and preparation for educational transitions. Our packages ensure that information sharing, parental involvement, and specialist advice underpin smooth transitions, supporting pupils' continuity of learning and wellbeing.

(SEND Code of Practice 0-25 years, Chapter 6: Schools, Transition)

Specialist Areas Explained

Attachment Aware & Trauma Informed: Understanding pupil behaviour through the lens of attachment and trauma.

Thrive Approach: Supporting emotional and social development.

Positive Behaviour Support: Strategies to promote positive behaviour and reduce challenging behaviour.

Emotional Literacy: Enhancing pupils' ability to understand and manage emotions.

Emotional Based School Avoidance: Supporting pupils who struggle with attendance due to emotional difficulties.

SEND (4 areas of need): Communication and Interaction, Cognition and Learning, Social, Emotional and Mental Health, Sensory and Physical Needs.

Additional Notes

All packages can be customised to meet the specific needs of the purchasing school. Multi-package discounts available for schools purchasing multiple packages or ongoing support.

Packages are delivered by experienced River Tees Hospital School staff with specialist knowledge and qualifications.

Reporting and feedback sessions ensure actionable outcomes and ongoing monitoring.

Next Steps

Schools interested in purchasing support packages can contact the River Tees Hospital Schools Specialist in the Trust (SIT Team) to discuss needs and arrange bespoke quotes.

Contact Details

Please email any enquiries to: SITteam@rtmat.org.uk

Phone: 01642 203876

An initial consultation can be provided free of charge to tailor packages effectively.